

Tyler Mountain Volunteer Fire Department's Fire Prevention 5K Fun Run

Saturday, October 7, 2023, 8:00 AM
5380 Big Tyler Road, Cross Lanes, WV 25313

Registration Deadline Friday, September 22, 2023, to be guaranteed a commemorative t-shirt; registrations accepted until race morning but are not guaranteed a t-shirt.

5K entry is \$30

Virtual 5K entry is \$35 and you will be mailed your t-shirt

Registration link is at www.tmvfd.com

(demographic information collected to be eligible for various awards)

- * This is a FUN RUN. There will not be an official timer (you are encouraged to keep your own time). Race Bib tags will be collected at the finish to determine winners.
- * Packet Pick-up will be Friday, October 6, 5-7 PM and Saturday, October 7, 7-7:45 AM at the Tyler Mountain VFD Station. Race starts in front of Tyler Mountain Volunteer Fire Department (see course map below)
- * The entry fee is \$30 and Virtual 5K entry is \$35 and includes a t-shirt with entries paid electronically by September 22. Virtual 5K entries will be mailed your t-shirt
- * Registration and payment can be made at www.tmvfd.com
- **No refunds**
- * Awards (medallions) will be presented at 9:30 AM, you can only win one category
 - Overall Winner Male & Female
 - First Place in Tyler Mountain VFD jurisdiction (coverage area) Male & Female
 - First Place in Bunker Gear Male & Female (age 16-39) AND Male & Female (age 40+)
 - First Place Male & Female Age 6-17
 - First Place Male & Female Age 18-39
 - First Place Male & Female Age 40+

5K Fun Run in bunker gear includes: turnout pants, turnout coat, and helmet (liner maybe be removed from turnout gear); no boots or gloves required

Questions, contact Jamie Bero, TMVFD 5K Fun Run Director at jamie.bero@tmvfd.com

